



To Go Menu

Le Gourmet Breakfast

Start your day with a complete and healthful breakfast from Le Gourmet!

Served until 11am (After then will be charged extra)

Two Eggs/Egg whites on a roll \$2.48

Two Eggs, Cheese on a roll \$3.48

Two Eggs Cheese on a roll with one of following \$3.98

(Bacon, Turkey Bacon, Sausage Patty, Beef Sausage)

Healthy Egg white on a Wrap \$4.48

(Made with two of the following ingredients: Turkey Bacon, Ham, Beef Sausage, Mushroom, Onion, Peppers, Spinach, Tomato, Scallion, Cheese , Sausage Patty)

Deluxe Egg White Wrap \$4.48

Scrambled Egg Whites with grilled vegetables& fresh mushroom on whole wheat Wrap

Southwestern Wrap \$4.48

Scrambled Egg Whites with Ham, Cheddar, green Onion, Roasted Red Peppers on Whole Wheat Wrap

European Style Wrap \$4.48

Scrambled Eggs, Feta Cheese, Fresh Spinach& mushroom on Spinach Wrap

All American Wrap \$4.48

Scrambled Eggs, Ham, American cheese & home fries

Omelet Platters

Served with Home Fries & Toast

Two Egg Served Your Way	\$3.48
Vegetarian Omelet Platter	\$4.48
Western Omelet Platter With Cheese	\$4.98
Healthy Eggs Whites with Vegetables & Mushrooms	\$4.98
European Omelet with Feta Cheese & Spinach	\$5.48

Griddle Originals

Served with Organic Maple Syrup & Butter

Challah French Toast	\$3.48
Homemade Buttermilk Pancakes	\$3.48
Side Order Bacon, Turkey Bacon, Ham	\$1.50
Oatmeal	\$3.48
Crunch Yogurt Parfait	\$2.98

(Served with Fat- Free Yogurt, Honey, Fresh Seasonal Fruits & Berries)

Bagels

We carry Energy, Plain, Whole Wheat, Onion Everything, Poppy Seed, Sesame Seed and Cinnamon Raisin Bagels also Bialy and English Muffins

Bagel with Butter & Jelly	\$.98
Bagel with Cream Cheese	\$1.95
Bagel with Smoked Salmon	\$5.98
Bagel with Flavored Cream Cheese	\$2.25

Soda & Water

Fresh Squeezed Orange, Grapefruit & Lemonade, Coke, Pepsi, Snapple, Vitamin Water, Tropicana, Fuze, Canada Dry, Sprite, Arizona, Teany, Honest Tea, Red Bull, Tazo, Nantucket Nectars, Steward's, Gatorade, Boylan, Odwalla, V8 Juice, POM, Naked Juice, Perrier, Pellegrino, Evian, Poland Spring, Smart Water, Fiji, Volvic Water, and much more...

Tossed Salad Bar

Choose your salad, toppings and dressing, we will toss for you

Crispy Romain Lettuce Sm. \$2.50 Ig. \$3.50

Baby Spinach Sm. \$2.50 Ig. \$3.50

Organic Mesclun Sm. \$2.50 Lg. \$3.50

Toppings

Croutons & Onions are provided free of charge

50 Cents	75 Cents	\$ 1.00
Alfalfa Sprouts	Beets	Cheddar Cheese
Black Olives	Hard Boiled Eggs	Blue Cheese
Bell Peppers	Hard Boiled Egg Whites	Parmesan Cheese
Black, White or Pinto Beans	Mandarin Oranges	Avocado
Green Olives	Roasted Red Peppers	
Snow Peas	Broccoli	Roasted Eggplant
Apple	Sunflower Seeds	Stuffed Grape Leaves
Pasta		
Carrot	Raisins	Baby Corn
Cucumber	Cherry Tomatoes	Cherry Tomato
Corn	String Beans	Sundries Tomato
Chick Peas		Kalamata Olives
Kidney Beans	Mushrooms	Brussels Sprouts
	\$ 2.00	\$ 2.75
Sweet Green Peas	Grilled Chicken	Shrimp (4 Pieces)
Tomato	Honey Turkey	Cajun Shrimp (4 Pieces)
		\$ 3.75
Radish	Smoked Turkey	Salmon
Celery	Feta Cheese	
Grapes	Pine Nuts	
\$ 1.50	\$ 2.25	
Almonds	Cajun Chicken	
Walnuts	Lemon Chicken	
Dry Tuna		
Artichoke Hearts	Sesame Chicken Strips	
Hearts Of Palm		
Fresh Mozzarella	Pesto Chicken	
Portobello Mushrooms	Tuna Salad	
Roasted Asparagus	Balsamic Chicken	
Bacon	Chicken Cutlet	
Mix Vegetables		
Dried Cranberries		
Ham		
Cashew nuts		
Turkey		

Our Signature Dressing

Low-Fat Balsamic Vinaigrette, Balsamic Dijon Vinaigrette, Ranch, Creamy Caesar, Chunky Blue Cheese, Roasted Garlic Red Wine, Creamy Italian, French, Russian, Feta Cheese, Cilantro Lime, Sesame Ginger, Fresh Lemon Juice, Extra Virgin Olive Oil, Cranberry Vinaigrette, Low-Fat Honey Dijon, Low-Fat Light Italian, Fat-Free Raspberry Vinaigrette

Each additional dressing is 50 cents

Ready to Go Salads

Cobb Salad \$7.98

Crumbled Bacon, Blue Cheese, Chicken Breast, Hard Boiled Egg, Tomato, Crotons, Lettuce, Romaine, Mesclun & Blue Cheese Dressing

Chef Salad \$6.48

Romaine Lettuce, Cucumber, Carrot, Egg, American Cheese, Swiss Cheese, Turkey & Ranch Dressing

Grilled Vegetables Salad \$6.48

Romaine Lettuce, Pine Nuts, Mesclun, Grilled Vegetables & Balsamic Vinegar

House Salad \$5.98

Lettuce, Carrot, Red Cabbage, Cucumber and Italian Dressing

Grilled Chicken Salad \$6.98

Grilled Chicken Sliced, Pepper, Tomato Slices, Romaine Lettuce & Balsamic Vinaigrette

Crudite Platte

r \$5.48

Fresh Raw Cauliflower, Bell Peppers, Celery, Carrot, Tomato & Ranch Dressing

Le Gourmet Salad \$5.98

Spinach, Grapefruit, Orange, Avocado with Sun Dried tomato Vinaigrette

Hot & Cold Buffet

Taboule,Suffed Babay Eggplant,Fresh Tuna,Tzatziki,Hummus,Pasta,Vegetarian Grape Leaves,
 Spinach Pie,Assorted Quiches,Fresh Cut Fruit,Eggplant,Baby Corn,Fresh Mozzarella,Baba Ghannouj,Broussel Sprouts,
 Avocado Salad,Shepherd & Greek Salad,Grilled Tofu,Fresh Turkey,Stuffed Salmon,Roasted Vegetables,
 Sweet & Sour Chicken,Chicken Kebab & much more.....

Delicatessen Sandwiches

	Slice	Roll	Hero
Fresh Mozzarella	\$	\$	\$
with Sun Dried tomato & Basil	4.98	5.98	6.49
Ham	\$	\$	\$
with Cheese,Lettuce & Tomato	4.98	5.49	5.98
Turkey	\$	\$	\$
with Cheese,Lettuce & Tomato	4.98	5.49	5.98
Tuna Fish	\$	\$	\$
with Lettuce & Tomato	4.49	4.98	6.98
Grilled Chicken	\$	\$	\$
with Lettuce & Tomato	5.98	6.48	6.98
Black Forest Ham	\$	\$	\$
with Lettuce & Tomato	5.49	5.98	6.98
Honey Turkey	\$	\$	\$
with Brie Cheese,Green Apple Slices & Lettuce	5.48	6.48	6.98
Roast Beef	\$	\$	\$
with Lettuce & Tomato	5.98	6.48	6.98
Prosciutto	\$	\$	\$
with Provolone Cheese & Roasted Red Peppers	5.98	6.49	6.98
Mortadella	\$	\$	\$
with Cheese,Lettuce & Tomato	5.48	5.49	6.48
Grilled Chicken	\$	\$	\$
with Grilled Vegetables & Parmesan Cheese	5.98	6.48	6.98
Grilled Vegetables	\$	\$	\$
	5.48	5.98	6.48
Classic Deli Club	\$	\$	\$
Turkey,Ham,Genoa Salami,Swiss Cheese,Mesclun Lettuce & Tomato	5.98	6.49	6.98
Italian Combo	\$	\$	\$
with Soppressata,Pepperoni,Mortadella,Provolone,Roaste d Red Peppers,Lettuce & Capers	5.98	6.49	6.98

LE GOURMET WRAPS

Available on Plain,Whole Wheat,Spinach or Tomato Wrap

All Wraps \$ 6.48

Chicken ,Feta & Spinach Wrap

Turkey,Provolone,Lettuce & Tomato Wrap

Chicken B.L.T. Wrap

Tuna, Lettuce & Tomato Wrap

Ham, Swiss, Lettuce & Tomato Wrap

Turkey, Ham, Swiss, Lettuce & Tomato Wrap

Balsamic Chicken & Artichoke Hearts Wrap

Turkey, Muenster, Lettuce & Dijon Mustard

Healty Hearty Soups

Every Day we offer ten different soups to accommodate all the soup lovers requests.

All soups come with our delicious complimentary regular, whole wheat or rosemary brick oven bread

Hot Pressini Melts

Try New York's hottest sensation!

Hot grilled and pressed sandwiches on European flat bread.

Also available on Whole Wheat! Served with Chips & Pickles.

All Melts \$ 6.48

Cuban

Pork Ham, Swiss, Pickles & Mustard

Tuna Melt

fresh tuna, Cheddar, Lettuce & Plum Tomato

Delightful

Fresh Honey Glazed Turkey, Swiss, Coleslaw & Honey Mustard

Siciliano

Prosciutto, Ham, Mozzarella, Arugula & Sun Dried Tomato

Capri

Somoked Turkey, Pepperoni, Provolone, Spinach, Cherry Peppers & Honey Mustard

Chicken Parmigian

Breaded Chicken Breast, Fresh Mozzarella, Marinara Sauce, Fresh Basil & Parmesan Cheese

Eggplant Parmigian

Oven Roasted Eggplant, Fresh Mozzarella, Fresh Basil, Marinara sauce & Parmesan Cheese

The Combo

Beef Pastrami, Corned Beef, Provolone, Lettuce, Tomato, Mustard & House Special Dressing

Tuscan

Fresh Mozzarella, Fresh Plum Tomato, Fresh Basil, Fresh Spinach, Fresh Sun Dried Tomato Spread

Chicken Fajita

Grilled Chicken Breast, Cheddar, Roasted Peppers, Caramelized Onions & Salsa

Toasted Monte Cristo

Layers of Ham & Smoked Turkey, Swiss, Cheddar, Lettuce, Tomato & Honey Mostard

Russian

Roast Beef, Muenster Cheese, Caramelized Onions, Lettuce, Plum Tomato & Russian Dressing

The Italiano

Grilled Chicken Breast, Roasted Peppers, Fresh Mozzarella & Pesto Sauce

Vegetarian

Grilled Mix Seasonal Vegetables & Fresh Mozzarella

Grill Bar

Choice of Homemade White or Whole Wheat Pita Bread or Plain, Whole Wheat, Spinach or Sun Dried Tomato Wrap

Homemade Beef or Lamb Kebab \$ 6.98

Char-Grilled & skewered chunks of tender beef or lamb

Homemade Chicken Kebab \$ 6.98

Char-grilled & skewered chunks of tender chicken breast

Falafel Sandwich \$ 5.98

Homemade tahini,hummus,shepherd salad,tomato & sauce

Platter Sides \$ 7.98

Shepherd Salad,Rice Pilaf,French Fries,Grilled Potatoes,Grilled Vegetables

Burgers- Beef, Turkey, Vegetables \$6.98

Bacon Burgers Deluxe \$7.98

All Burgers Come With Fries, Tomato, Lettuce & Cheese

Grilled Salmon Steak With 2 Side Dishes \$10.98

Pasta Al Dente

Create your very own signature pasta dish by selecting one of our pastas and adding your favorite sauce.

Personalize it by adding special topping to enhance the flavor even further.

Penne Fettuccine Bowie Spaghetti

Pasta Sauces

Puttanesca	\$ 8.98
Capers,Olives,Mushrooms,Tomato & Marinara Sauce	
Primavera	\$ 8.98
Fresh Mix Vegetables	
Arrabita	\$ 7.48
Spicy Arrabita Sauce	
Tomato & Basil	\$ 6.98
Marinara	\$ 6.98
Bolognese	\$ 7.48
Meat Sauce	
Meatballs	\$ 7.50
Alfredo	\$ 6.98
Pesto	\$ 7.48
Vodka	\$ 7.50
Garlic & Oil	\$ 6.48
Roasted Garlic Cream	\$ 7.48
Sausage,Pepper & Onion	\$ 8.98

Seafood Pastas

Shrimp	
Scampi	\$ 11.48
Shrimps in Lemon & White Wine Sauce	
Frutti di	
Mare	\$ 9.98
Mix Seafood on Marinara Sauce	
White or Red Clam	
Sauce	Shell and \$ 7.98
Chopped Clams in White Wine or Marinara Sauce	
Shrimp &	
Scallops	\$ 9.98
Shrimp and Scallops in Marinara Sauce	

Chicken Pastas

Chicken Corvette	\$ 8.98
Chicken with Creamy Pesto Sauce	
Chicken Pulcinella	\$ 8.48
Chicken,Broccoli,Spinach & Alfredo Sauce	
Chicken BalaDonna	\$ 8.48
Chicken & Mushrooms	

Toppings

Seafood	Meat & Chicken	Vegetables
\$ 3.50 ea	\$ 2.00 ea	\$ 1.50 ea
Shrimp	Ground Beef	Broccoli
Clam	Chicken	Spinach
Calamari	Bacon	Zucchini
Scallop		Onion
		Eggplant
		Tomato
		Mushrooms

Lasagna

Lasagna Primeavera	\$ 7.98
Zucchini, Yellow Squash, Red and green	
Peppers,Broccoli,Mushroom,Carrots & Snow Peas	
Meat Lasagna	\$ 7.98
Ground Sirloin Lasagna	
Fresh Baked Ziti	\$ 8.98

Healthy Original Buritto \$6.98

Hot & Spicy Chicken Breast, Chicken Parmagan, Feta Cheese Spinach, Beef, Vegetables, Chicken Fajita, Steak Fajita

Quesadilla

All Quesadillas \$6.98

Chicken- Broccoli Quesadilla, Southwestern Chicken, Cheese

Brick Oven Sandwiches

#1 Buffalo Chicken , Blue cheese, celery

#2 Grilled Chicken, with tomato basil & fresh mozzarella

#3 Tomato, Basil & Fresh Mozzarella

#4 Grilled Chicken, with roasted pepper, cedar cheese spread & vinaigrette

#5 Tendoore Grilled Chicken, with roasted peppers & vinaigrette

#6 Cranberry Roasted Turkey, with portabella mushroom

#7 Smoked Turkey, Brie Cheese & Honey Mustard

#8 Tuna with cheddar cheese & vinaigrette

#9 Caesar salad & grilled chicken

#10 Le Gourmet, with prosciutto , mozzarella and basil

#11 Baked Virginia Ham, with Muenster cheese , tomato & Russian dressing

#12 Black Forest Ham, Brie Sun dried Tomato

#13 Smoked Salmon , Cream Cheese, with onion & tomato

#14 Ham, Grilled Eggplant & Roasted Red peppers, with lettuce & tomato

#15 Ham, Swiss with lettuce & Dijon Mustard

#16 Roast Beef with Blue Cheese spread & lettuce

#17 Tuscan Pesto Chicken, with sun dried tomato spread & lettuce

#18 Grilled Chicken, Grilled Eggplant & Hummus

#19 Grilled Vegetables, with marinated mushroom, feta cheese & cucumber

#20 Hummus & Fresh Vegetables, with tomato, cucumber, onion & basil

#21 Grilled Salmon, with tomato, cucumber, spinach & yogurt dill dressing

Brick Oven Pizza

Marinara (Tomato, garlic , oregano) \$6.98 \$9.98

Margarita (tomato, basil, fresh Mozzarella) \$8.98 \$14.98

Le Gourmet (prosciutto, fresh mozzarella, arugula) \$9.98 \$18.98

Capriccioso (ham, black olive, mushroom, artichokes, fresh mozzarella) \$9.98 \$16.98

Quattro formaggi (Romano, fresh mozzarella, parmigiano, provolone) \$9.98 \$16.98

White Pizza(fresh mozzarella, ricotta cheese) \$9.98 \$16.98

Honolulu Hawaiian (fresh mozzarella, ham, pineapple, salami & honeydew) \$9.98 \$16.98

Grandma's Pizza \$9.98 \$16.98

Funghi (tomato, fresh mozzarella, baked mushroom) \$9.98 \$14.98

Brick Oven Pizza Toppings

Meat (sm. \$3.00 Lg. \$4.00), Vegetables(sm. \$1.50 Lg. 2.50), Cheese(sm. \$3.00 Lg. \$4.00), Sea Food (sm. \$4.00 Lg. \$6.00)

Calzone & Rolls

Spinach, Chicken Parmagan, Meatball, Pepperoni, Sausage, Stronboli, Eggplant, Mix Vegetables \$6.48

Hot Corner

Regular Coffee

Flavors Coffee

Iced Coffee

Iced Flavors Coffee

Cappuccino, Latte, Café Mocha, Chai Tea Latte, Espresso, Flavors Tea

Dessert Bar

Croissant, Danishes, Scones, Muffins, Fat- Free & no sugar added muffins, Brownies, Sliced Cakes, Fruit Tart, Tiramisu, Chocolate Mousse, Cheese Cakes, Giant Cookies, Cream Brule, Hamantaschen & Whole Cakes, Crumbs Cup Cakes

Delivery Time

7.00am- 9.30 pm

\$7.00 minimum per delivery

\$7.00 minimum per CC